

## COVD Quality of Life Checklist

Check the column which best represents the occurrence of each symptom. Any of the following symptoms may indicate a functional vision problem.

A score of 20 or above should be evaluated by a developmental optometrist

Symptom	Never=0	Seldom=1	Occas=2	Freq=3	Always=4
Blur when looking at near					
Headaches with near work					
Sees worse at end of the day					
Difficulty copying from the Chalkboard					
Avoids near work/reading					
Holds head too close to the page					
Has double vision					
Words run together while reading					
Eyes burn, itch, or seem watery					
Falls asleep while reading					
Closes one eye or tilts head while reading					
Dizzy or nauseous with near work					
Writes up or down hill					
Poor/inconsistent in sports					
Avoids sports/games					
Poor hand-eye coordination/poor handwriting					
Clumsy/knocks things over					
Car/motion sickness					
Skips or repeats lines when reading					
Misaligns digits/columns of numbers					
Reading comprehension is poor					
Trouble keeping attention on reading					
Says "I can't" before trying					
Does not use his/her time well					
Does not make change well with money					
Loses belongings/things					
Forgetful/poor memory					
Difficulty completing assignments					
Does not judge distance well					